

INVITATION

INT. AUSTRIAN MASTERS CHAMPIONSHIPS 2013

Dear Athletes and Managers,

On behalf of the Organizing Committee it will be a pleasure to welcome you to the Int. Austrian Masters Championships 2013. ULSZ-RIF (Universitäts-u.Landessportzentrum) offers excellent facilities for the competitions and the nearby city of Salzburg is great for sightseeing in autumn. The best Austrian Masters athletes will take part at the Championships.

Yours sincerely

Herta Viertbauer (Head of Organizing Committee)

Heinz Eidenberger (Member of the Austrian Athletics Federation)

Place: SALZBURG Universitäts- u. Landessportzentrum ULSZ-Rif
5400 Hallein - Rif, Hartmannweg 4 - 6

Date: Saturday, 14th September 2013, first event 10:00 am
Sunday, 15th September 2013, first event 09:00 am

Organizing Federation: Salzburger Leichtathletikverband SLV

Organizing Committee : Herta Viertbauer (CD)
Am Alterbach 2, 5023 Salzburg-Koppl
Tel.:0662-644878, 0664-4504321
e-mail: viertb_herta@hotmail.com

ÖLV-Responsibility: Heinz Eidenberger (TD), ÖLV-Referent für Seniorensport

Informations: Herta Viertbauer

Entry fees: € 10,- per event

Banking: Salzburger Leichtathletikverband-Veranstaltungskonto
0041119033 BLZ: 20404 Salzburger Sparkasse
IBAN: AT81 20404 00041119033 BIC: SBGSAT2SXXX

Int. Participants-Entry: **Closing date Saturday, 7thSeptember 2013**

Karin Juriga: e-mail k.juriga@gmx.at

Entry data: 1) Family name
2) First name (male/female)
3) Year of birth
4) Club / Nationality
5) Event/s with best performance/s

Entry fees for Int. Athletes: At the TIC (Technical Information Centre) while fetching the starting-number etc. **60 minutes before the event at least!**

INVITATION

TIC- opening: Friday, 13th September 2013 17:00 -19:00
 Saturday, 14th September 2013 8:00
 Sunday, 15th September 2013 8:00

Track: 8 synthetic tracks

Personal implements: Have to be certified due to IAAF-Rule 187.2.

Warm-up-Area: Close to the stadium. Throws at the throwing-areas

Award ceremonies: Right after each event.
Special prepared Certificates are available on demand as soon as possible.

Disclaimer Clause: "I hereby declare that I am in good health and will be properly conditioned for the events I have entered. I relieve the Local Organizing Committee, all Officials, Judges, Volunteers and other technical representatives of any responsibility for any injury, loss or damage to me or my property which I may sustain in the course of or in connection with these championships."

Arrival: Motorway A1 Salzburg-Süd – direction Hallein – Grödig -Rif –
 Universitäts- und Landessportzentrum ULSZ-RIF
 Public busses from Salzburg-Main Station or Hallein-Main Station

Lodgings: www.booking.com, www.hallein.com, office@hallein.com
 Tel. 43(0)6245/85 394
www.booking.com. offers a wide range of accommodations without any reverse-fees up to one day before arrival.

General Rules: The competition will be conducted in accordance with the rules of IAAF.

Implements:

Men:	Age Group	Shot	Discus	Hammer	Javelin
	M 35 – M 45	7,26 kg	2,00 kg	7,26 kg	800 g
	M 50 – M 55	6,00 kg	1,50 kg	6,00 kg	700 g
	M 60 – M 65	5,00 kg	1,00 kg	5,00 kg	600 g
	M 70 – M 75	4,00 kg	1,00 kg	4,00 kg	500 g
	M 80 +	3,00 kg	1,00 kg	3,00 kg	400 g
Women:	Age Group	Shot	Discus	Hammer	Javelin
	W 35 – W 45	4,00 kg	1,00 kg	4,00 kg	600 g
	W 50 – W 55	3,00 kg	1,00 kg	3,00 kg	500 g
	W 60 – W 70	3,00 kg	1,00 kg	3,00 kg	400 g
	W 75 +	2,00 kg	0,75 kg	2,00 kg	400 g

High Jump and Pole Vault: The progression will be determined in accordance with the entry-heights.

INVITATION

Preliminary Schedule

Saturday, 14th September

Time	Men				Women			Time
	M35-M45	M50-M55	M60-M65	M70-M95	W35-W45	W50-W55	W60-W90	
10:00	Pole Vault	Pole Vault	Shot Put 1	Shot Put 2	High Jump	High Jump	Discus 1	10:00
11:00	100m							11:00
11:15		100m						11:15
11:30			100m	100m			High Jump	11:30
11:45	Discus 1				100m	100m	100m	11:45
12:00	200m	Shot Put 1						12:00
12:15		200m			Shot Put 2	Shot Put 2		12:15
12:30			200m	200m				12:30
12:45			Pole Vault	Pole Vault	200m	200m	200m	12:45
13:00	Long Jump							13:00
13:30		Discus 1						13:30
14:00	800m						Shot Put 1	14:00
14:15		800m						14:15
14:30			800m	800m				14:30
14:45			Discus 1					14:45
15:30	Shot Put 2				800m	800m	800m	15:30
15:45					Discus 2	Discus 2		15:45
16:30			Long Jump	Discus 1				16:30
17:00					5000m	5000m	5000m	17:00
17:30	5000m	5000m						17:30
18:00			5000m	5000m				18:00

Sunday, 15th September 2013

Time	Men				Women			Time
	M35-M45	M50-M55	M60-M65	M70-M95	W53-W45	W50-W55	W60-W90	
09:30	High Jump							09:30
09:30	Javelin 2	Long Jump	Javelin 1	Hammer				09:30
09:45	400m	400m	400m	400m				09:45
10:30					Hammer	Hammer	Hammer	10:30
10:45					Long Jump	Long Jump	Long Jump	10:45
11:00		Javelin 1	High Jump					11:00
11:30								11:30
11:45	1500m	1500m	Hammer	Long Jump				11:45
12:00			1500m	1500m	Javelin 2	Javelin 2	Javelin 2	12:00
12:15		High Jump						12:15
12:30					1500m	1500m	1500m	12:30
13:15	Hammer			Javelin 1				13:15
13:30				High Jump	3TrWalk	3kmTrWalk	3kmTrWalk	13:30
14:00	5kmTrWalk	5kmTrWalk	5kmTrWalk	5kmTrWalk				14:00
14:15		Hammer						14:15

Changes can be possible due to the number of entries !